

# Waterpik vs. Dental Floss

<b>Waterpik</b> 	<b>Dental Floss</b> 
<ul style="list-style-type: none"><li>• Gentle on the gums and is less likely to cause bleeding in people with sensitive gums</li></ul>	<ul style="list-style-type: none"><li>• Floss is effective for cleaning tight spaces between teeth and will also scrape up and down the sides of each tooth.</li></ul>
<ul style="list-style-type: none"><li>• Ideal for those who wear braces - water will get behind the metal wires and flush out food particles</li></ul>	<ul style="list-style-type: none"><li>• Floss does not set off temperature sensitivity. Waterpik is filled with water that could cause sensitivity to your gums.</li></ul>
<ul style="list-style-type: none"><li>• The Waterpik costs under \$50 for most models.</li></ul>	<ul style="list-style-type: none"><li>• Dental floss costs less than \$5.</li></ul>